

Allergen Menu

For details on specials. Please ask any of the servers

If nothing on the menu meets your allergen requirements please ask.

Our chefs will be happy to modify dishes or offer alternatives where possible.

Our chips are gluten free and cooked in a separate fryer

Fish can be baked instead of battered

Meals can be served with separate dips or sauces if required

We carry gluten free bread as an alternative to our normal bread or French sticks

Due to our fresh cooking environment we can't guarantee any of our meals are free from trace of any allergens

Salad garnish on Starters, Sandwiches, Baguettes, Ploughman's, Jacket Potatoes & Burgers all include coleslaw and salad dressing as standard.

Either can be left off if required

SAUCES	GLUTEN	EGGS	PEANUTS	SOYA	MILK	CELERY	MUSTARD	SESAME	SULPHITES
HONEY & MUSTARD		YES					YES		
MAYO		YES					YES		
KETCHUP						YES			
MUSTARD	YES		YES			YES			
SALAD CREAM		YES					YES		
TARTARE		YES					YES		
SWEET CHILI			YES	YES				YES	
BBQ							YES		
MINT									
HORSE RADDISH		YES					YES		
BRANSTON PICKLE	YES								YES
SOUR CREAM		YES							
FLORA									
BUTTER					YES				

SUNDAY ROAST	GLUTEN	EGGS	PEANUTS	SOYA	MILK	TREE NUTS	CELERY	MUSTARD
BEEF	YORKIE	YORKIE			YORKIE			
PORK	YORKIE / STUFFING	YORKIE			YORKIE			
NUT ROAST	YES		YES	YES		YES	YES	
CAULI CHEESE					YES			YES
YORKSHIRE PUDDING	YES	YES			YES			

SIDE ORDERS	GLUTEN	EGGS	MILK	SULPHITES
CHIPS				
CH CHIPS			YES	
G BREAD	YES		YES	
CH G BREAD	YES		YES	
MASH POTATOS			YES	
SIDE SALAD		SLAW		
NEW POTATOES				
OLIVES & BALSAMIC	BREAD			YES
B & B	YES		BUTTER	
BAGUETTE	YES		BUTTER	

**Where it lists item as opposed to Yes.
This means dish will be free of the allergen without that
item. For example:
The Batter on the fish of the day, without this it will be
Gluten free.
The tartare sauce on the fish of the day with out this
there is no egg in the meal**

STARTERS	GLUTEN	CRUSTACEANS	EGGS	FISH	SOY	MILK	MUSTARD	SULPHITES	MOLLUSCS
SOUP - Flavour dependant	BREAD								
MUSHROOMS	BREAD					YES			
SQUID	YES		YES		YES	TRACE	YES		YES
WHITEBAIT	YES		TARTARE	YES		YES	TARTARE		
FISHCAKES	YES	YES	YES	YES			YES	YES	YES
BAKED BRIE	BREAD					YES			
NACHOS						YES			
MAC CHEESE FRITTER	YES		YES			YES	YES		

MAINS	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOY	MILK	TREE NUTS	MUSTARD	SESAME	SULPHITES	MOLLUSCS
SAUS BEAN CHIPS	YES										YES	
H E C			YES									
PIE OF THE DAY - Flavour dependant	YES		PASTRY									
HOT SEAFOOD	YES	YES	SAUCE	YES	SAUCE		YES	SAUCE	SAUCE	SAUCE		YES
FISH & CHIPS	BATTER		TARTARE	FISH		TRACE	TRACE		TARTARE			
BREAKFAST	YES		YES				BUTTER				YES	
MUSH TAGLIATELLE	YES						YES				YES	
SAUS MASH	YES						YES				YES	
VEG SAUS MASH	YES						YES					
SCAMPI	YES	SCAMPI	TARTARE						TARTARE			TRACE
CHILLI CHIPS CHEESE							YES					
SEABASS SPECIAL				YES								
CHICKEN SPECIAL												
VEGAN HOTPOT	YES					YES			YES		YES	

SALAD	EGGS	FISH	MILK	MUSTARD
HAM & CHEESE			CHEESE	
CHICKEN & BACON	DRESSING			DRESSING
SMOKED SALMON	DRESSING	YES		DRESSING

JACKET POTS	EGGS	FISH	MILK
CHEESE	SLAW		MILK
TUNA	MAYO	YES	
BEANS	SLAW		
CHIC BACON MAYO	MAYO		
S/S PHILLY	SLAW	YES	YES
CHILLI	SLAW		

KIDS	GLUTEN	CRUSTACEANS	EGGS	FISH	SOYA	MILK	MUSTARD	SULPHITES
NUGGETS	YES				TRACE			
PIZZA	YES					YES		
MAC & CHEESE	YES					YES	YES	
HEC			YES					
SAUS MASH	YES					YES		YES
SCAMPI	YES	SCAMPI	TARTARE				TARTARE	
FISH FINGER	YES			YES				
SAUS BEAN CHIPS	YES							YES
VEG SAUS MASH	YES					YES		
CHEESE BURGER	BUN		YES		YES	YES		
MINI FISH	BATTER			YES				

DESSERTS	GLUTEN	EGGS	PEANUTS	SOYA	MILK	TREE NUTS
STICKY TOFFEE		YES			YES	
FRUIT TART	YES	YES			YES	
BREAD & BUTTER	YES	YES			YES	
BROWNIE	YES	YES		SAUCE	YES	
CUSTARD					YES	
CREAM					YES	
ICE CREAM						
Vanilla			TRACE		YES	TRACE
Chocolate			TRACE	YES	YES	TRACE
Salted Caramel			TRACE	YES	YES	TRACE
Strawberry			TRACE		YES	TRACE
Rum Raisin			TRACE		YES	TRACE
SORBET						
Lemon						
Vegan Vanilla			TRACE			TRACE
WAFER	YES	YES		YES	YES	

SARNI / FRENCH	GLUTEN	EGGS	FISH	SOY	MILK	MUSTARD	SESAME	SULPHITES
CHEESE	BREAD	SLAW		YES	YES		TRACE	
HAM	BREAD	SLAW		YES			TRACE	
BACON	BREAD	SLAW		YES			TRACE	
TUNA MAYO	BREAD	YES	YES	YES			TRACE	
S/S PHILLY	BREAD	SLAW	YES	YES	YES		TRACE	
VEG SAUS ONION	YES			YES			TRACE	
CHIC BACON MAYO	BREAD	YES		YES			TRACE	
SAUS ONION	YES	SLAW		YES			TRACE	YES
F/F TARTARE	YES	TARTARE	YES	YES		TARTARE	TRACE	

PLOUGHMANS	GLUTEN	EGGS	SOY	MILK	SULPHITES
HAM	BREAD	YES	BREAD		PICKLE/ONION
3 CHEESE	BREAD	YES	BREAD	YES	PICKLE/ONION
HAM / CHEESE	BREAD	YES	BREAD	YES	PICKLE/ONION

BUNS	GLUTEN	EGGS	FISH	SOY	MILK	MUSTARD
QUEENS BURGER	BUN / MAC	BEEF		BUN	BUN	YES
BEEF	BUN	YES		BUN	BUN	YES
CHICKEN	BUN	CAJUN		BUN	BUN	CAJUN
FISH	YES	MAYO	YES	BUN	BUN	