

GLUTEN FREE MENU

STARTERS

Soup of the Day <i>with gluten free bread</i>	£6.95
Simply Smoked Salmon <i>salad garnish & gluten free bread</i>	£9.50
Beef Chilli Nachos <i>with melted cheese & sour cream</i>	£9.95
Sauteed Mushrooms <i>garlic & rosemary red wine reduction with gluten free bread</i>	£7.95
Panfried Chicken Strips <i>with hot honey drizzle & salad garnish</i>	£9.95
Marinated Olives <i>with gluten free bread olive oil & balsamic</i>	£6.95

CHILDREN'S

Baked Fish & Chips <i>with peas</i>	£8.95
Ham, Egg & Chips	£8.50
Cheese Burger & Chips <i>in gluten free bun</i>	£7.95

LOADED CHIPS OR NACHOS

**Choose Chips OR Nachos
& from the following toppings
Add Jalapenos for £1.25**

Cheese & Bacon	£8.95
Beef Chilli & Cheese	£10.50
Madras Chicken Curry	£10.95

MAINS

Ham & 2 Eggs £14.50

with chips

Oven Baked Haddock & Chips £17.95

with peas & tartare sauce

Beef Chilli, Chips & Cheese £14.95

oven baked & served with sour cream

Vegan Moussaka £13.95

with salad, & coleslaw

Chicken Madras Curry £16.50

with rice & naan bread

Panfried Chicken Breast £16.95

Panfried Seabass Fillet £17.95

All Day Breakfast £14.95

2 bacon 2 g/f sausages, fried egg, mushrooms, beans, tomato and g/f bread

SIDE ORDERS

Chips £3.50 **Cheesy Chips** £4.50

New or Mash Potatoes £3.50 **Vegetables** £3.00

Gluten Free Bread & Butter £1.50

LIGHTER BITES

SANDWICHES

on gluten free bread

served with chips, salad & coleslaw

Sandwich

Cheese	£8.95
Ham	£9.95
Bacon	£9.95
G/f Sausage & Onion	£9.95
Tuna Mayonnaise	£9.50
Chicken & Bacon in Mayonnaise	£10.95
Smoked Salmon & Cream Cheese	£10.95

JACKET POTATOES

all served with salad & coleslaw

Cheese	£9.95
Tuna	£10.50
Beans	£9.50
Chicken & Bacon in Mayonnaise	£11.50
Smoked Salmon & Cream Cheese	£11.95
Beef Chilli	£11.50
Chicken Curry	£11.95

PLOUGHMAN'S

*all served with salad, coleslaw, pickle,
pickled onion & gluten free bread*

Ham	£13.50
Cheddar and Brie	£14.50
Ham & Cheese	£14.50
choose from cheddar or brie	
Smoked Salmon	£15.50

with marie rose sauce

SALADS

mixed salad tossed with new potatoes

Warm Chicken & Bacon **£15.50**

honey & mustard dressing

Ham & Cheese **£14.95**

Smoked Salmon **£15.50**

with marie rose dressing

BRIOCHE BUNS

**Served in a Gluten Free Bun
with Chips, Salad & Homemade Coleslaw**

Homemade Beef Burger **£14.50**

gem lettuce, beef tomato & gherkin

Fresh Chicken Breast **£14.95**

gem lettuce, beef tomato, gherkin & Cajun mayo

Additional Toppings

Fried Onions, Jalapenos, Cheese **£1.25**

Smoked Bacon **£1.25**

Chicken Curry, Beef Chilli **£2.00**

DESSERTS

Sticky Toffee Pudding **£8.50**

with custard

St Clements Posset **£6.95**

ICE CREAM

1 scoop £2.25 2 scoops £4.50 3 scoops £6.75

served without wafers

Vanilla

Strawberry

Chocolate

Pistachio

Rum & Raisin

Vegan Vanilla

Vegan Lemon Sorbet

Salted Caramel

HOT DRINKS

Wide selection of Fresh Ground Coffees and Flavoured Teas