

GLUTEN FREE MENU

STARTERS

Soup of the Day <i>with gluten free bread</i>	£6.95
Simply Smoked Salmon <i>salad garnish & gluten free bread</i>	£9.50
Pan Fried King Prawns <i>cooked in garlic & chilli with salad garnish</i>	£9.50
Beef Chilli Nachos <i>with melted cheese & sour cream</i>	£9.95
Sauteed Mushrooms <i>garlic & rosemary red wine reduction with gluten free bread</i>	£7.95
Panfried Chicken Strips <i>with hot honey drizzle & salad garnish</i>	£9.95
Marinated Olives <i>with gluten free bread olive oil & balsamic</i>	£6.95

CHILDREN'S

Baked Fish & Chips <i>with peas</i>	£8.95
Ham, Egg & Chips	£8.50
Cheese Burger & Chips <i>in gluten free bun</i>	£7.95

LOADED CHIPS OR NACHOS

**Choose Chips OR Nachos
& from the following toppings
Add Jalapenos for £1.25**

Cheese & Bacon	£8.95
Beef Chilli & Cheese	£10.50
Madras Chicken Curry	£10.95

MAINS



Ham & 2 Eggs <i>with chips</i>	£14.50
Oven Baked Haddock & Chips <i>with peas & tartare sauce</i>	£17.95
Beef Chilli, Chips & Cheese <i>oven baked & served with sour cream</i>	£14.95
Vegan Moussaka <i>with salad, & coleslaw</i>	£13.95
Chicken Madras Curry <i>with rice & naan bread</i>	£16.50
Panfried Chicken Breast	£16.95
Panfried Seabass Fillet	£17.95
All Day Breakfast <i>2 bacon 2 g/f sausages, fried egg, mushrooms, beans, tomato and g/f bread</i>	£14.95

SIDE ORDERS

Chips	£3.50	Cheesy Chips	£4.50
New or Mash Potatoes	£3.50	Vegetables	£3.00
Gluten Free Bread & Butter			£1.50

LIGHTER BITES

SANDWICHES

on gluten free bread

served with chips, salad & coleslaw

Sandwich

Cheese	£8.95
Ham	£9.95
Bacon	£9.95
G/f Sausage & Onion	£9.95
Tuna Mayonnaise	£9.50
Chicken & Bacon in Mayonnaise	£10.95
Smoked Salmon & Cream Cheese	£10.95

JACKET POTATOES

all served with salad & coleslaw

Cheese	£9.95
Tuna	£10.50
Beans	£9.50
Chicken & Bacon in Mayonnaise	£11.50
Smoked Salmon & Cream Cheese	£11.95
Beef Chilli	£11.50
Chicken Curry	£11.95

PLOUGHMAN'S

*all served with salad, coleslaw, pickle,
pickled onion & gluten free bread*

Ham	£13.50
Cheddar and Brie	£14.50
Ham & Cheese	£14.50
choose from cheddar or brie	
Smoked Salmon	£15.50

with marie rose sauce

SALADS

mixed salad tossed with new potatoes

Warm Chicken & Bacon	£15.50
<i>honey & mustard dressing</i>	
Ham & Cheese	£14.95
Smoked Salmon	£15.50
<i>with marie rose dressing</i>	

BRIOCHE BUNS

Served in a Gluten Free Bun
with Chips, Salad & Homemade Coleslaw

Homemade Beef Burger £14.50

gem lettuce, beef tomato & gherkin

Fresh Chicken Breast £14.95

gem lettuce, beef tomato, gherkin & Cajun mayo

Additional Toppings

Fried Onions, Jalapenos, Cheese £1.25

Smoked Bacon £1.25

Chicken Curry, Beef Chilli £2.00

DESSERTS

Sticky Toffee Pudding £8.50

with custard

St Clements Posset £6.95

ICE CREAM

1 scoop £2.25 2 scoops £4.50 3 scoops £6.75
served without wafers

Vanilla

Strawberry

Chocolate

Pistachio

Rum & Raisin

Vegan Vanilla

Vegan Lemon Sorbet

Salted Caramel

HOT DRINKS

Wide selection of Fresh Ground Coffees and Flavoured Teas