

# GLUTEN FREE MENU

## STARTERS

<b>Soup of the Day</b> <i>with gluten free bread</i>	<b>£6.95</b>
<b>Simply Smoked Salmon</b> <i>salad garnish &amp; gluten free bread</i>	<b>£9.50</b>
<b>Beef Chilli Nachos</b> <i>with melted cheese &amp; sour cream</i>	<b>£9.95</b>
<b>Panfried Chicken Strips</b> <i>with hot honey drizzle &amp; salad garnish</i>	<b>£9.95</b>
<b>Marinated Olives</b> <i>with gluten free bread olive oil &amp; balsamic</i>	<b>£6.95</b>

## CHILDREN'S

<b>Baked Fish &amp; Chips</b> <i>with peas</i>	<b>£8.95</b>
<b>Ham, Egg &amp; Chips</b>	<b>£8.50</b>
<b>Cheese Burger &amp; Chips</b> <i>in gluten free bun</i>	<b>£7.95</b>

## LOADED CHIPS OR NACHOS

**Choose Chips OR Nachos  
& from the following toppings  
Add Jalapenos for £1.25**

<b>Cheese &amp; Bacon</b>	<b>£8.95</b>
<b>Beef Chilli &amp; Cheese</b>	<b>£10.50</b>

## MAINS

<b>Ham &amp; 2 Eggs</b> <i>with chips</i>	<b>£14.50</b>
<b>Oven Baked Haddock &amp; Chips</b> <i>with peas &amp; tartare sauce</i>	<b>£17.95</b>
<b>Beef Chilli, Chips &amp; Cheese</b> <i>oven baked &amp; served with sour cream</i>	<b>£14.95</b>
<b>Vegan Moussaka</b> <i>with salad, &amp; coleslaw</i>	<b>£13.95</b>
<b>Panfried Chicken Breast</b>	<b>£16.95</b>
<b>Panfried Seabass Fillet</b>	<b>£17.95</b>
<b>All Day Breakfast</b> <i>2 bacon 2 g/f sausages, fried egg, mushrooms, beans, tomato and g/f bread</i>	<b>£14.95</b>

## SIDE ORDERS

<b>Chips</b>	<b>£3.50</b>	<b>Cheesy Chips</b>	<b>£4.50</b>
<b>New or Mash Potatoes</b>	<b>£3.50</b>	<b>Vegetables</b>	<b>£3.00</b>
<b>Gluten Free Bread &amp; Butter</b>			<b>£1.50</b>

# LIGHTER BITES

## SANDWICHES

*on gluten free bread*

*served with chips, salad & coleslaw*

### Sandwich

<b>Cheese</b>	<b>£8.95</b>
<b>Ham</b>	<b>£9.95</b>
<b>Bacon</b>	<b>£9.95</b>
<b>G/f Sausage &amp; Onion</b>	<b>£9.95</b>
<b>Tuna Mayonnaise</b>	<b>£9.50</b>
<b>Chicken &amp; Bacon in Mayonnaise</b>	<b>£10.95</b>
<b>Smoked Salmon &amp; Cream Cheese</b>	<b>£10.95</b>

## JACKET POTATOES

*all served with salad & coleslaw*

<b>Cheese</b>	<b>£9.95</b>
<b>Tuna</b>	<b>£10.50</b>
<b>Beans</b>	<b>£9.50</b>
<b>Chicken &amp; Bacon in Mayonnaise</b>	<b>£11.50</b>
<b>Smoked Salmon &amp; Cream Cheese</b>	<b>£11.95</b>
<b>Beef Chilli</b>	<b>£11.50</b>

## PLOUGHMAN'S

*all served with salad, coleslaw, pickle,  
pickled onion & gluten free bread*

<b>Ham</b>	<b>£13.50</b>
<b>Cheddar and Brie</b>	<b>£14.50</b>
<b>Ham &amp; Cheese</b>	<b>£14.50</b>
choose from cheddar or brie	
<b>Smoked Salmon</b>	<b>£15.50</b>

*with marie rose sauce*

## SALADS

*mixed salad tossed with new potatoes*

<b>Warm Chicken &amp; Bacon</b>	<b>£15.50</b>
<i>honey &amp; mustard dressing</i>	
<b>Ham &amp; Cheese</b>	<b>£14.95</b>
<b>Smoked Salmon</b>	<b>£15.50</b>
<i>with marie rose dressing</i>	

## **BRIOCHE BUNS**

**Served in a Gluten Free Bun  
with Chips, Salad & Homemade Coleslaw**

**Homemade Beef Burger** **£14.50**

*gem lettuce, beef tomato & gherkin*

**Fresh Chicken Breast** **£14.95**

*gem lettuce, beef tomato, gherkin & Cajun mayo*

### **Additional Toppings**

*Fried Onions, Jalapenos, Cheese* **£1.25**

*Smoked Bacon* **£1.25**

*Beef Chilli* **£2.00**

## **DESSERTS**

**Sticky Toffee Pudding** **£8.50**

*with custard*

## **ICE CREAM**

*1 scoop £2.25   2 scoops £4.50   3 scoops £6.75  
served without wafers*

Vanilla

Strawberry

Chocolate

Pistachio

Rum & Raisin

Vegan Vanilla

Vegan Lemon Sorbet

Salted Caramel

## **HOT DRINKS**

Wide selection of Fresh Ground Coffees and Flavoured Teas