

# GLUTEN FREE MENU

## STARTERS / NIBBLES

<b>Corn Ribs</b> <i>tossed in Cajun butter</i>	<b>£7.50</b>
<b>Simply Smoked Salmon</b> <i>salad garnish &amp; <b>gluten free</b> bread</i>	<b>£9.95</b>
<b>Prawn Cocktail</b> <i>Marie rose sauce with <b>gluten free</b> bread</i>	<b>£9.95</b>
<b>Rollmops</b> <i>pickled herring fillets with <b>gluten free</b> bread</i>	<b>£7.95</b>
<b>Panfried Chicken Strips</b> <i>with hot honey drizzle &amp; salad garnish</i>	<b>£9.95</b>
<b>Marinated Olives</b> <i>with <b>gluten free</b> bread olive oil &amp; balsamic</i>	<b>£6.95</b>

## CHILDREN'S

<b>Baked Fish &amp; Chips</b> <i>with peas</i>	<b>£8.95</b>
<b>Ham, Egg &amp; Chips</b>	<b>£8.50</b>
<b>Cheese Burger &amp; Chips</b> <i>in <b>gluten free</b> bun</i>	<b>£8.50</b>
<b>Panfried Chicken Strips</b> <i>with chips and Beans</i>	<b>£8.50</b>
<b>Gluten Free Sausages</b> <i>with chips and Beans</i>	<b>£8.95</b>

## Platters

<b>Cold Seafood Platter</b> prawns, rollmops & smoked salmon with Marie rose sauce & buttered brown bread	<b>£17.50</b>
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## MAINS

**Ham & 2 Eggs** £14.95

*with chips*

**Oven Baked Haddock & Chips** £17.95

*with peas & tartare sauce*

**Chilli Con Carne** £15.95

slow cooked beef chilli with chips & melted cheese  
oven baked & finished with sour cream

**Vegan Moussaka** £14.95

*with salad, & coleslaw*

**Chicken Madras Curry** £16.95

*with rice & naan bread*

**Panfried Chicken Breast** £16.95

*grilled chicken breast topped with smoked bacon, BBQ sauce,  
melted cheese & served with chips & salad*

**Panfried Seabass Fillet** £17.95

*with a rich mediterranean cherry tomato sauce  
served with roasted crushed new potatoes & green beans*

**Gluten Free Sausage, Beans & Chips** £14.95

## LOADED CHIPS OR NACHOS

**Choose Chips OR Nachos  
& from the following toppings**

<b>Cheese &amp; Bacon</b>	<b>£9.95</b>
<b>Beef Chilli &amp; Cheese</b>	<b>£11.50</b>
<b>Madras Chicken Curry</b>	<b>£11.95</b>
<b>BBQ Pulled Pork &amp; Cheese</b>	<b>£11.95</b>

## SIDE ORDERS

<b>Chips</b>	<b>£3.50</b>	<b>Cheesy Chips</b>	<b>£4.50</b>
<b>New Potatoes</b>	<b>£3.00</b>	<b>Green Beans</b>	<b>£3.00</b>
<b>Gluten Free Bread &amp; Butter</b>		<b>£1.50</b>	

# LIGHTER BITES

## SANDWICHES

*on gluten free bread*

*served with chips, salad & coleslaw*

### Sandwich

<b>Cheese</b>	<b>£8.95</b>
<b>Ham</b>	<b>£9.95</b>
<b>Bacon</b>	<b>£9.95</b>
<b>G/f Sausage &amp; Onion</b>	<b>£9.95</b>
<b>Tuna Mayonnaise</b>	<b>£9.95</b>
<b>Chicken &amp; Bacon in Mayonnaise</b>	<b>£10.95</b>
<b>Smoked Salmon &amp; Cream Cheese</b>	<b>£10.95</b>
<b>Prawn Marie Rose</b>	<b>£10.95</b>

## JACKET POTATOES

*all served with salad & coleslaw*

<b>Cheese</b>	<b>£9.95</b>
<b>Tuna</b>	<b>£10.50</b>
<b>Beans</b>	<b>£9.50</b>
<b>Chicken &amp; Bacon in Mayonnaise</b>	<b>£11.50</b>
<b>Smoked Salmon &amp; Cream Cheese</b>	<b>£11.95</b>
<b>Beef Chilli</b>	<b>£11.50</b>
<b>Chicken Curry</b>	<b>£11.95</b>
<b>Prawn Marie Rose</b>	<b>£11.95</b>

## PLOUGHMAN'S

*all served with salad, coleslaw, pickle,  
pickled onion & gluten free bread*

<b>Ham</b>	<b>£13.95</b>
<b>Cheddar and Brie</b>	<b>£14.95</b>
<b>Ham &amp; Cheese</b>	<b>£14.95</b>

choose from cheddar or brie

**Smoked Salmon & Prawn £15.95**

*with marie rose sauce*

## SALADS

*mixed salad tossed with new potatoes*

<b>Warm Chicken &amp; Bacon</b>	<b>£16.50</b>
<i>honey &amp; mustard dressing</i>	
<b>Ham &amp; Cheese</b>	<b>£14.95</b>
<b>Smoked Salmon &amp; Prawn</b>	<b>£16.50</b>

*with marie rose dressing*

**Warm Goats Cheese £15.95**

*with balsamic dressing - add bacon £1.50*

## **BRIOCHE BUNS**

**Served in a Gluten Free Bun  
with Chips, Salad & Homemade Coleslaw**

***The Double Smashed Beef Burger*** **£14.95**

*gem lettuce, beef tomato & gherkin*

**Farmhouse Chicken** **£14.95**

*gem lettuce, beef tomato, gherkin & Cajun mayo*

**Hunters Chicken** **£16.50**

*smoked bacon, BBQ sauce & melted cheese*

**BBQ Pulled Pork** **£13.95**

*with gem lettuce & beef tomato*

### **Additional Toppings**

***Fried Onions, Jalapenos, Cheese, Bacon*** **£1.50**

***Chicken Curry, Beef Chilli*** **£2.50**

## **DESSERTS**

**Syrup Pudding** **£7.95**

*with custard*

**Summer Fruit Eton Mess** **£7.95**

## **ICE CREAM**

*1 scoop £2.25 2 scoops £4.50 3 scoops £6.75*

***served without wafers***

Vanilla

Strawberry

Chocolate

Salted Caramel

Rum & Raisin

Vegan Vanilla

Vegan Lemon Sorbet

## **HOT DRINKS**

Wide selection of Fresh Ground Coffees and Flavoured Teas